

# Bariatric Surgery at Natividad Medical Center



## WELCOME LETTER

Congratulations on taking the first step towards a healthier lifestyle. If you are like most of our clients, you have battled with excess weight for many years, or even your entire life. You have tried many diet and exercise programs, some with success but none with any lasting results. Now it is time to explore if weight loss surgery is an option for you.

Our staff is here to help educate you about weight loss surgery, and to examine you to be certain that weight loss surgery can be conducted safely. With everything that we do, your safety is our primary concern. We understand that weight loss surgery is not right for everyone. At any point during your evaluation with us, if you decide that weight loss surgery is not right for you we will support your decision.

Before making the decision to have surgery, we want you to know all your options. We need you to attend an information seminar, meet with a nurse, the bariatric surgeon, a dietitian, and a psychologist. This evaluation team is responsible for making sure that your experience is positive, and that surgery can be conducted safely.

If you decide that weight loss surgery is the best treatment for you, we are here to help. After surgery we offer continued support with our nursing and physician staff, as well as dietitians and monthly support groups. This is not a journey you must walk alone.

Natividad Medical Center is proud of our affiliation with the American College of Surgeons. Our weight loss surgery program has been fully accredited as a Comprehensive Center with the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program. What this means to you is that you can be confident that the services provided have been thoroughly examined by the American College of Surgeons and meet, or exceed, their stringent quality standards.

Your next step is to talk with your regular doctor and ask them to refer you to our service. We take care of the rest from there. We look forward to seeing you in the office.

Warmest regards,

The Bariatric Surgery Team